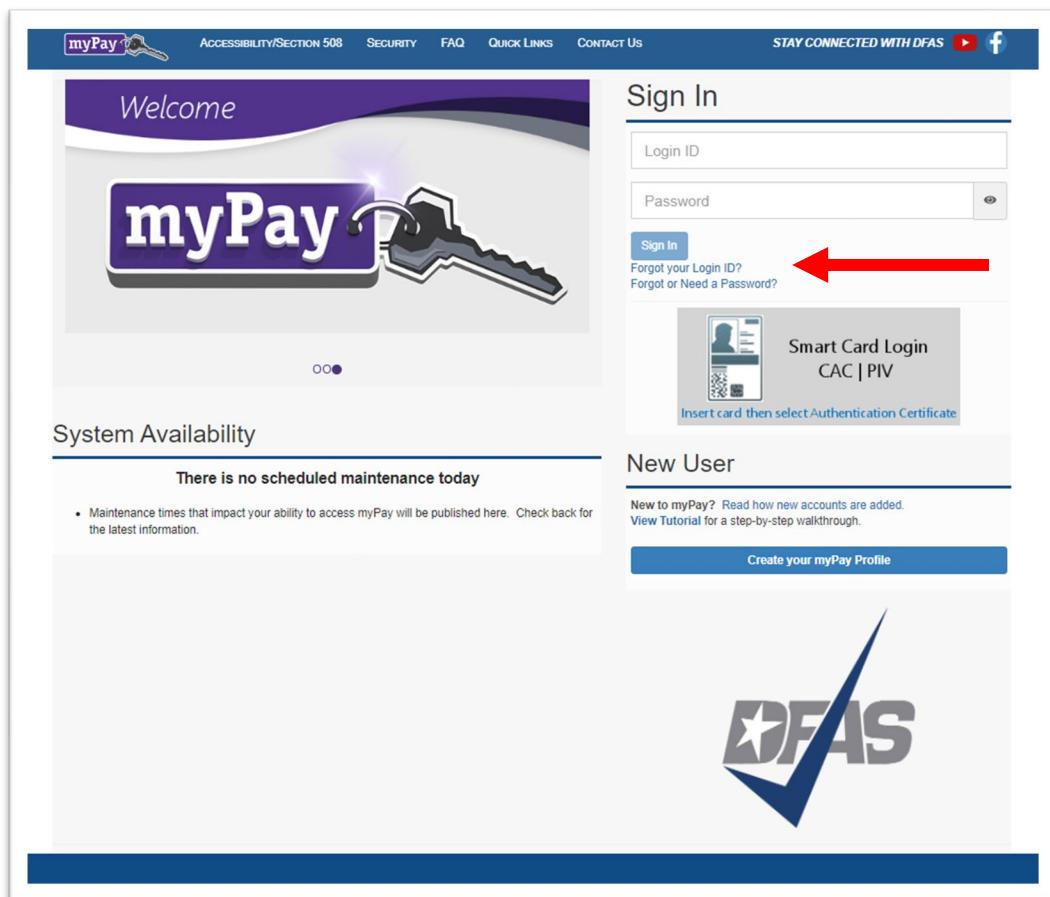# How to Request Your myPay Login ID

myPay provides convenient access to a range of information about your payments, and lets you easily update your contact information or your tax withholding, check your SBP coverage and your AOP beneficiary (retirees), submit your annual certification (annuitants), or download your tax documents. And when you have an email address in myPay, you can receive important email messages from DFAS about your pay account and information from your Branch of Service.

myPay is available using the internet from your computer or your mobile device browser at: https://mypay.dfas.mil

If you have used myPay, but don't remember your myPay Login ID, just follow the steps below.

1. Click the "Forgot your Login ID?" link on the myPay homepage under the "Sign In" box: https://mypay.dfas.mil.

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2. Enter your Social Security Number and Password to display your Login ID on screen or enter your Social Security Number and registered email address to receive your Login ID by email.

3. If you entered your Social Security Number and Password, your Login ID will appear on the screen. Click Finish when you're ready to log in using your Login ID and password.

If you entered your Social Security Number and registered email address, your Login ID will be mailed to your registered email address. When you receive your Login ID in the mail, log in using the "Sign In" box on the myPay home page: https://mypay.dfas.mil.

4. Your Login ID and password are the keys to keeping your retired or annuity pay account current, so be sure to remember them!